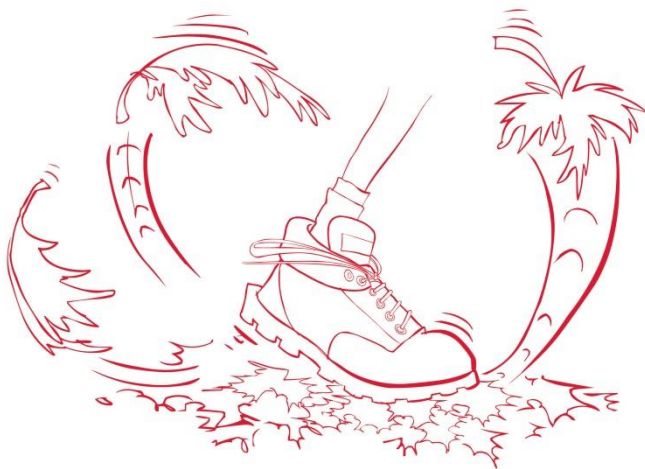


# Active Schools and Sports Development Programme

*Elgin Academy ASG Primaries, Oct – Dec 2018*





## Get Active Stay Active

Participate in a **wide range** of activities in a relaxed and friendly environment.  
 You can learn a **new sport** or **develop** your skills.  
 Sessions are open to all abilities and equipment is provided.

### Meet the Elgin Academy ASG Team

Roy McPherson	Jen Dawson	Dimitris Chrysanthakopoulos
		
<p>Bishopmill        East End        Seafield        St Sylvester's        West End</p>	<p>Bishopmill        East End        Seafield        St Sylvester's        West End</p>	<p>Elgin Academy        Elgin High School</p>
<p>Mobile: 07966 120515        Email: roy.mcpherson@moray.gov.uk</p>	<p>Mobile: 0777397 3086        Email: jen.dawson@moray.gov.uk</p>	<p>Mobile: 07970 974857        Email: Dimitris.chrysanthakopoulos@moray.gov.uk</p>





The Active Schools programme aims to provide quality opportunities to take part in sport and physical activity before school, during lunchtime and after school. Where possible the sessions will develop effective pathways between schools and sports clubs in the local community. The sessions are generally delivered by a network of volunteers consisting of teachers, parents, school staff, students, senior school pupils and sport club coaches. We are striving to ensure that the sessions are offered for free or minimal cost. All pupils that qualify for the clothing grant will receive free spaces on all Active Schools sessions.

### Centralised Activities – Available to all pupils

Activity/Venue/Dates	Times	Year Group	Cost	Notes
<b>Junior Jog Scotland</b> Bishopmill school field & hall Tuesdays 23 <sup>rd</sup> Oct – 4 <sup>th</sup> Dec	5.15pm – 6pm	P2-P4	Free	No session 13 <sup>th</sup> Nov
<b>Badminton</b> Elgin Community Centre hall Thursdays 25 <sup>th</sup> Oct – 6 <sup>th</sup> Dec	3.15pm – 4pm	P4-7	£10.50 for block	
<b>Badminton Big Hit Festivals</b> Moray College Sports Hall Thursdays 22 <sup>nd</sup> & 29 <sup>th</sup> Nov	3.45pm – 4.45pm	P1-3	Free	
<b>Bowls</b> Elgin & District Indoor Bowling Club, Moycroft Road Wednesdays from 31st Oct	4pm – 6pm	P4-7	Free	First four sessions free then option to sign up as a member

### Bishopmill Primary School pupils

Activity/Venue/Dates	Times	Year Group	Cost	Notes
<b>Junior Jog Scotland</b> Bishopmill school hall Mondays 29 <sup>th</sup> Oct – 3 <sup>rd</sup> Dec	3pm – 4pm	P1-2	Free	No session 12 <sup>th</sup> Nov
<b>Netball</b> Bishopmill school hall Tuesdays 23 <sup>rd</sup> October – 4 <sup>rd</sup> Dec	3.15pm – 4.15pm	P6-7	*	* School will collect £5 charge per term No session 13 <sup>th</sup> Nov
<b>Happy Feet Walking Group</b> Bishopmill school Tuesdays 6 <sup>th</sup> Nov – 4 <sup>th</sup> Dec	3pm – 3.45pm	P2-3	Free	
<b>Football</b> Elgin Academy astro Tuesdays	5pm – 6pm	P4-7	Free	Sign up through school
<b>Badminton</b> Bishopmill school hall Wednesdays 24 <sup>th</sup> Oct – 5 <sup>th</sup> Dec	3pm – 4.30pm	P5-7	*	* School will collect £5 charge per term

<b>Basketball</b> Bishopmill school hall Wednesdays 31 <sup>st</sup> Oct – 5 <sup>th</sup> Dec	4.30pm – 5.30pm	P4-7	£6 for block	
<b>Football</b> Elgin Academy astro Saturdays	10am – 11am	P2-3s	Free	Sign up through school
<b>East End Primary School pupils</b>				
<b>Activity/Venue/Dates</b>	<b>Times</b>	<b>Year Group</b>	<b>Cost</b>	<b>Notes</b>
<b>Fun Games &amp; Circuits</b> East End school hall Mondays 29 <sup>th</sup> Oct – 3 <sup>rd</sup> Dec	3pm – 4pm	P1-3	£10 for the block	No session 12 <sup>th</sup> Nov. Linkwood Primary pupils also invited.
<b>Basketball</b> East End school hall Wednesdays 7 <sup>th</sup> Nov – 5 <sup>th</sup> Dec	3pm – 4pm	P4-7	£5 for the block	
<b>Football</b> Elgin High school hall Saturdays	9.30am – 11am	P2-7	Free	Just turn up at session to fill out form
<b>Seafield Primary School pupils</b>				
<b>Activity/Venue/Dates</b>	<b>Times</b>	<b>Year Group</b>	<b>Cost</b>	<b>Notes</b>
<b>Running Club</b> Seafield school hall / field Mondays from 5 <sup>th</sup> Nov	3pm – 4.15pm	P4-7	Free	Sign up through school. No session 12 <sup>th</sup> Nov
<b>Junior Jog Scotland</b> Seafield school hall / field Tuesdays 30 <sup>th</sup> Oct – 4 <sup>th</sup> Dec	3pm – 4pm	P2-3	Free	No session 13 <sup>th</sup> Nov
<b>Basketball</b> Seafield school hall Tuesdays 30 <sup>th</sup> Oct – 4 <sup>th</sup> Dec	4pm – 5pm	P4-7	£5 for the block	No session 13 <sup>th</sup> Nov
<b>Netball</b> Seafield school hall Wednesdays	After-school	P4-7	Free	Sign up through school
<b>Football</b> Seafield school field Fridays	4pm – 5pm	P6-7		Sign up through school
<b>Football</b> Elgin Community Centre Saturdays	10am – 11am	P4-5		Sign up through school
<b>St Sylvester's Primary School pupils</b>				
<b>Activity/Venue/Dates</b>	<b>Times</b>	<b>Year Group</b>	<b>Cost</b>	<b>Notes</b>
<b>Cross Country</b> St Sylvesters school field Mondays	3pm – 4pm	P4-7	Free	Sign up through school
<b>Junior Jog Scotland</b> St Sylvesters school hall / field Tuesdays 30 <sup>th</sup> Oct – 4 <sup>th</sup> Dec	3pm – 4pm	P2-3	Free	No session 13 <sup>th</sup> Nov

<b>Netball</b> St Sylvesters school hall Wednesdays 24 <sup>th</sup> Oct - 5 <sup>th</sup> Dec	3.15pm - 4.15pm	P6-7	Free	Sign up through school
<b>Hockey</b> St Sylvesters school field / hall Fridays	3pm – 4pm	P5-7	Free	Sign up through school
<b>West End Primary School pupils</b>				
Activity/Venue/Dates	Times	Year Group	Cost	Notes
<b>Basketball</b> West End hall Mondays 29 <sup>th</sup> Oct – 3 <sup>rd</sup> Dec	4pm – 5pm	P4-7	£5 for block	No session 12 <sup>th</sup> Nov
<b>Football</b> Elgin High Astro Tuesdays	5pm – 6pm	P6-7	£1 per session	Turn up at a session to register.
<b>Running Club</b> West End field Wednesdays	Before school / after school alternative weeks	P4-7	Free	Sign up through school
<b>Netball</b> West End Hall Thursdays 25 <sup>th</sup> Oct – 6 <sup>th</sup> Dec	4pm – 5pm	P5-7	Free	
<b>Football</b> West End playing field Saturdays	10am – 11am	P1-7	£1 per session	Session times are subject to change depending on festivals. Turn up at a session to register.

### **ONLINE SIGN UP**

**Step 1** - Google **Sport in Moray** or visit [www.sportinmoray.co.uk](http://www.sportinmoray.co.uk).

**Step 2** - On the homepage hover over the **Active Schools** tab then select **Activities**.

**Step 3** - From the options select **Activities** next to **Elgin Academy Primary schools**

**Step 4** - Click **Consent Form** underneath the timetable and fill out as appropriate.

### **PAPER CONSENT**

If you are unable to sign up online please complete the Active Schools consent form at the end of this brochure and return to your school reception.

For any further info on the sessions above please contact Roy on;

Mobile: 07966 120515

Email: [roy.mcpherson@moray.gov.uk](mailto:roy.mcpherson@moray.gov.uk)

**WE NEED YOU!**



## **ACTIVE SCHOOLS VOLUNTEER OPPORTUNITIES**

Are you passionate about increasing opportunities for children to become more active in Moray ?

Can you spare an hour a week to deliver sport in our schools ?

**If so ...**

We can provide training, support and cover the costs of PVG applications and coach education courses.

Get in touch!



## **Sports Development Activities – Elgin area**

The Sports Development sessions aim to develop the skills and understanding of participants in a variety of different sports. Each session will be delivered by two qualified paid sport coaches and generally take place in local community centres or high schools. The standard cost for a session is £3.80 although sessions are open to Fit Life members at no additional cost.

Venue & Dates	Course Code	Times	Age	Cost	Notes
<b>Active Start</b> Miltonduff Village Hall, Elgin Every Thursday 23/08/18 – 04/10/18	AUT7	12:15pm – 1pm	Pre School 3yrs +	£26.60	
<b>Active Start</b> Miltonduff Village Hall, Elgin Every Thursday 25/10/18 – 20/12/18	WIN7	12:15pm – 1pm	Pre School 3yrs +	£34.20	
<b>Active Start</b>	AUT8	1:30pm – 2:15pm	Pre School		

Elgin Community Centre Every Thursday 23/08/18 – 04/10/18			3yrs +	£26.60	
<b>Active Start</b> Elgin Community Centre Every Thursday 25/10/18 – 20/12/18	WIN8	1:30pm – 2:15pm	Pre School 3yrs +	£34.20	
<b>Badminton</b> Elgin Community Centre Every Thursday 23/08/18 – 04/10/18	AUT9 AUT10 AUT11	4pm – 5pm 5pm – 6pm 6pm – 7pm	P3 – P5 P6 – S1 S2 – S6	£26.60	Participants may be asked to change sessions based on ability.
<b>Badminton</b> Elgin Community Centre Every Thursday 25/10/18 – 20/12/18	WIN9 WIN10 WIN11	4pm – 5pm 5pm – 6pm 6pm – 7pm	P3 – P5 P6 – S1 S2 – S6	£34.20	Participants may be asked to change sessions based on ability.
<b>Gymnastics</b> Elgin High Gym Every Monday 20/08/18 – 01/10/18	AUT12 AUT13	3:55pm – 4:50pm 4:50pm – 5:45pm	P4 – P7 P1 – P3	£26.60	
<b>Gymnastics</b> Elgin High Gym Every Monday 22/10/18 – 17/12/18 <b>No session 12<sup>th</sup> Nov</b>	WIN12 WIN13	3:55pm – 4:50pm 4:50pm – 5:45pm	P4 – P7 P1 – P3	£30.40	
<b>Football Centre</b> Elgin Community Centre Every Tuesday 21/08/18 – 02/10/18	AUT14 AUT15	3:30pm – 4:15pm 4:15pm – 5:15pm	Pre School 3 yrs + P1-P4	£26.60	
<b>Football Centre</b> Elgin Community Centre Every Tuesday 23/10/18 – 18/12/18 <b>No session 13<sup>th</sup> Nov</b>	WIN14 WIN15	3:30pm – 4:15pm 4:15pm – 5:15pm	Pre School 3 yrs + P1-P4	£30.40	
<b>Tennis</b> Elgin Community Centre Every Friday 24/08/18 – 05/10/18	AUT16 AUT17	4pm – 5pm 5pm – 6pm	P1 – P3 P4 – P7	£26.60	
<b>Tennis</b> Elgin Community Centre Every Friday 26/10/18 – 21/12/18	WIN16 WIN17	4pm – 5pm 5pm – 6pm	P1 – P3 P4 – P7	£34.20	
<b>Futsal</b> Elgin Academy Every Monday 20/08/18 – 01/10/18	AUT18 AUT19	4pm – 5pm 5pm – 6pm	S1 – S3 P5 – P7	£26.60	
<b>Futsal</b>	WIN18	4pm – 5pm	S1 – S3	£30.40	

Elgin Academy Every Monday 22/10/18 – 17/12/18 <b>No session 12<sup>th</sup> Nov</b>	WIN19	5pm – 6pm	P5 – P7		
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Bookings and payments can be made by telephone by contacting the Business Support Unit on **01343 563374**.

Alternatively, send the application form below and cheques made payable to “The Moray Council” to:

Business Support Unit  
Education and Social Care  
The Moray Council  
High Street  
Elgin  
IV30 1BX

Applications will not be acknowledged, you will only be contacted if there is a problem. Should you wish to check that a booking has been received, please contact the Business Support Unit on: **01343 563374**.

\*\*Any household that has taken out a family membership through the Sport and Leisure Facilities section called 'Fit Life' will be able to book their child/ren onto the Sports Development sessions at no extra cost. When booking you will be asked for the main members (parent) membership card number, so that this can be verified in the system as being an active card member, so please have this information at your disposal. Please note that refunds will NOT be given if Fit Life memberships are subsequently taken out after payments have been made. For more information on this scheme, please contact the Business Support Unit on the number above.

*NOTE: 'Fit Life participants must attend 80% of a session block. If this is not adhered to, we reserve the right to cancel the participant's place and offer it to someone else on our waiting list. Parents will be notified before this action takes place.'*





## Elgin Cooper Park Community Sports Hub

### Elgin Cooper Park CSH Sporting Activities

Get Active Stay Active with Elgin CSH! We have plenty of activities for you to choose from and for all the age groups!

Sport Club/ Group	Contact information	
Jog Scotland Elgin	<a href="mailto:karen.gerrie@hotmail.co.uk">karen.gerrie@hotmail.co.uk</a>	<a href="http://walkjogrunmoray.org.uk/">http://walkjogrunmoray.org.uk/</a>
Elgin Cricket Club	<a href="mailto:richard@tridentengraving.com">richard@tridentengraving.com</a>	01343545221
Quasar Hockey Club	<a href="mailto:kqcoach@aol.com">kqcoach@aol.com</a>	07531802802
Elgin Youth Cafe	<a href="mailto:donna@elginyouthcafe.org">donna@elginyouthcafe.org</a>	01343548300
Moray Roadrunners	<a href="mailto:jenksqs@yahoo.co.uk">jenksqs@yahoo.co.uk</a>	07925180113
Elgin Tennis Club	<a href="mailto:tait_family@hotmail.com">tait_family@hotmail.com</a>	<a href="https://www.facebook.com/elgintennisclub/">https://www.facebook.com/elgintennisclub/</a>
Helgin Roller Derby	<a href="mailto:info@helginrollerderby.com">info@helginrollerderby.com</a>	<a href="https://helginrollerderby.com/">https://helginrollerderby.com/</a>
Belles on Bikes	<a href="mailto:bellesonbikesmoray@gmail.com">bellesonbikesmoray@gmail.com</a>	<a href="https://www.facebook.com/BellesonBikesMoray">https://www.facebook.com/BellesonBikesMoray</a>
Elgin Parkrun	<a href="mailto:elginoffice@parkrun.com">elginoffice@parkrun.com</a>	<a href="https://www.facebook.com/Elgin-parkrun-345385578947870/">https://www.facebook.com/Elgin-parkrun-345385578947870/</a>
Moray Olympic Wrestling Club	<a href="mailto:dimchriss@gmail.com">dimchriss@gmail.com</a>	<a href="https://www.facebook.com/MorayWrestling/">https://www.facebook.com/MorayWrestling/</a>
Bounce Back to Netball	<a href="mailto:moraybbn@gmail.com">moraybbn@gmail.com</a>	07891776123
<b>Other activities you could get involved with</b>		
63 Car Club	<a href="mailto:dittle3883@gmail.com">dittle3883@gmail.com</a>	07725577386
Moray Sports Centre	<a href="mailto:helo@moraysportscentre.co.uk">helo@moraysportscentre.co.uk</a>	01343552550
Sporting Mind	<a href="mailto:june@sportingmind.co.uk">june@sportingmind.co.uk</a>	<a href="http://www.sportingmind.co.uk">http://www.sportingmind.co.uk</a>
Elgin Sports Community Trust	<a href="mailto:daveya11@sky.com">daveya11@sky.com</a>	<a href="https://www.facebook.com/esct.co.uk/">https://www.facebook.com/esct.co.uk/</a>

If you want to know more about Moray Community Sport Hubs visit [www.sportinmoray.co.uk](http://www.sportinmoray.co.uk)

We also have a Facebook page: [Moray Community Sports Hub](#) and a Twitter account [@moraycsh](#) and we'll be happy to hear from you!

## Parental Consent Form

### 1. ACTIVITY DETAILS:

### 2. PERSONAL DETAILS

Name of child:..... Boy/Girl (*delete one*) Age.....

School..... Year Group (e.g. S5).....

Home Address:.....

Parent/Guardian telephone numbers: Home:.....Mobile:.....

E-mail address..... Tick this box if you qualify for a free clothing grant [ ]

Child will be collected after session/s Child will be walking home unaccompanied (*delete one*)

Parent Volunteers I am able / not able to help with the sessions. (*delete one*)

### 3. MEDICAL

In the event of an emergency, it is important that the person in charge of the group has the necessary information about any medical condition that could affect the treatment of your child. This information will be treated in strict confidence, and will not necessarily prejudice the inclusion of your child in the activity. It is in the interest of your child that full and accurate information be given:

(1) Any known allergies, including to medicines? (E.g. nuts, Penicillin).....

(2) Is your child undergoing treatment by a Doctor at the moment? YES/NO

If Yes please give details.....

(3) Does your child have any of the following conditions?: YES/NO

- Physical conditions (e.g. asthma, cerebral palsy, wheelchair user, spinal injury, amputee, brittle bones, muscular dystrophy)
- Learning disabilities (academic skills disorders, speech and language disorders, problems with motor skills and memory)
- Sensory impairments (blind or partially sighted, deaf or hearing impaired)
- Autism/Asperger's Syndrome

If Yes please give details, including details of use of medicines (E.g. inhalers):

(4) Please state any restrictions you wish to place on emergency treatment:

### 4. FURTHER INFORMATION

If there is anything else that may affect your child's participation at these sessions please let us know here (i.e. child receives 1:1 support in school / behavioural issues)

.....  
The Moray Council would like permission to take photographs of and/or film/video your children. These images may be published in our printed publications, website and social media (including the Active Schools Moray Facebook page). Please tick this box if you do not wish your child to be included in any publicity photographs or footage. [ ]

The Moray Council on behalf of itself, employees and agents hereby disclaims all liability except where negligence can be proven in respect of personal injury or loss suffered by participants attending these activities. In the event of an emergency, I give permission to sign on my behalf for any medical treatment

Signature Parent/Guardian.....Date: .....

## Privacy Notice

The Data Controller of the information being collected is Moray Council. For any queries or concerns about how your personal data is being processed you can contact the Data Protection Officer at [info@moray.gov.uk](mailto:info@moray.gov.uk) or 01343 562633. You can also consult the information available at the Information Commissioner's websites, [ico.org.uk](http://ico.org.uk)

This policy statement relates to the following processes;

Active Schools and Sports Development Bookings and Marketing Purposes

Your information is being collected to use for the following purposes;

Requirement to know background information on participants and numbers attending sessions as part of standard operating procedures (risk assessments, medical info). For marketing purposes we use the email addresses for circulating info on future programmes.

The legal basis/bases for collecting the information is;

- The data subject (i.e. you) has given consent to the processing
- Processing is necessary for the performance of a task carried out in the public interest or in the exercise of official authority vested in the controller (i.e. Moray Council)

Where sensitive/special category data is being processed (e.g. data concerning health information, criminal convictions etc.) the legal basis/bases for collecting the information is;

- Processing is necessary for the purposes of preventative or occupational medicine and the provision of health or social care or treatment or management of health or social care systems and services.

Your information will be shared with the following recipients or categories of recipient;

- 1) Active Schools and Sports Development Staff
- 2) Business Support Unit – Moray Council
- 3) Paid & Volunteer Sports Coaches

The personal data being used for this process includes;

Name, address, medical conditions, gender, contact information, emergency contacts, primary/secondary school and year or childcare centre, date of birth, parental contact details, sports club/organisation.

Some of your personal data that is used for this process has originated from a third party. The data originating from a third party includes;

- Name, address, medical conditions, gender, contact information, emergency contacts, primary/secondary school and year or childcare centre, date of birth, parental contact details, sports club/organisation.
- All the personal data fields are provided by a third party (parent/guardian) if the data subject is under 18yrs of age. If the data subject is 18yrs or over then they will be providing all their personal data themselves.

The third party data originates from these sources;

By a parent/guardian on behalf of a child

Your data will be held by Moray Council for a pre-determined length of time. You can find all the information about how long we retain data for on our website;

[http://www.moray.gov.uk/moray\\_standard/page\\_92820.html](http://www.moray.gov.uk/moray_standard/page_92820.html)

Please note that you have the following rights;

- To lodge a complaint with the Information Commissioner's Office
- To request access to your personal data
- To request rectification or erasure of your personal data, as so far as the legislation permits
- To request restriction of processing of your personal data (that is, to request that we halt any activity performed on your personal data), as so far as the legislation permits
- To object to any direct marketing
- To object to any processing undertaken for the purposes of scientific/historical research and statistics; as so far as the legislation permits
- To withdraw consent at any time
- To object to the processing activity