



This Active Schools activity book belongs to

.....

Have fun taking part!

Moray Active Schools



Active schools and sport in moray



@sportinmoray



Moray Active Schools

Welcome to the Active Schools P1-P3 activity book.

Inside you will find some fun activities to do!

You can:

- **jot your answers/drawings down in your school jotter or a piece of paper**
- **print pages out**
- **get a Word version from your teacher to fill out on your laptop/computer**

Be sure to let your teacher know if you are taking part.

Have fun 😊

ACTIVITY: 1

Can you fill in the missing letters and find the words?



_ K I P



J U M _



R _ L L



_ U N



C A _ C H

Take a look at the letters you wrote out. What word does this spell?

_ _ _ _ _

ACTIVITY: 2

Have some fun colouring in these sporty people!



ACTIVITY: 3

A basketball team has 5 players. When two teams play in a match, how many players are there?

$$5 + 5 =$$



Find out how many footballers a team can have on the field in a game. When two teams play in a match, how many players are there on the field at one time?

$$\underline{\quad} + \underline{\quad} =$$



ACTIVITY: 4

Colour in the first picture to match the second one. Then, copy the sentence.



This girl is playing hockey.

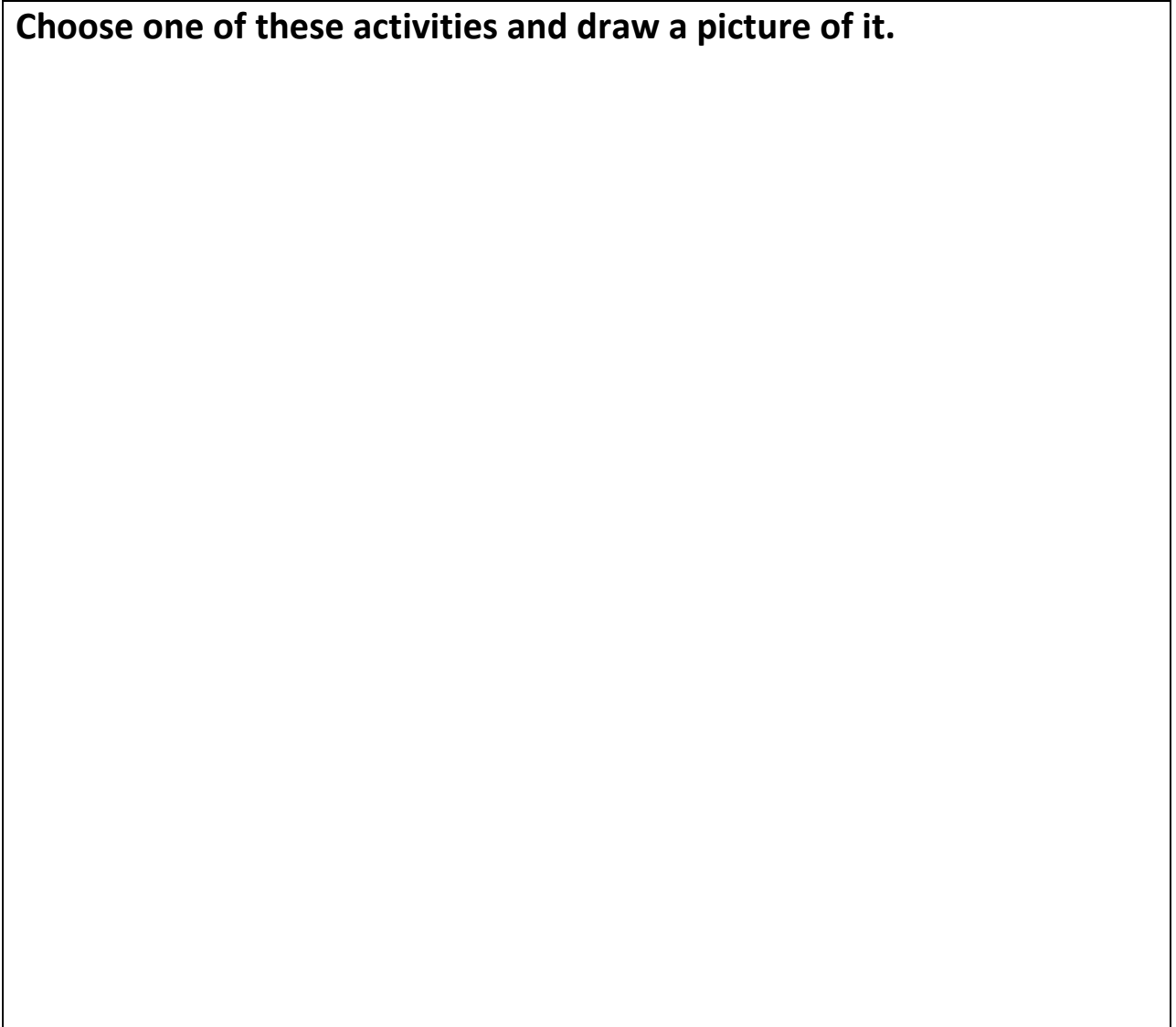
ACTIVITY: 5

Highland Games started around 2000BC in Ireland. Highland Games take place across the world including Australia, Belgium and Switzerland.

Each summer, towns and cities across Scotland have Highland Games. At the games, people can take part in lots of sports and activities.

- ❖ **Cross Country Running**
- ❖ **Hammer Throw**
- ❖ **Highland Dancing**
- ❖ **Pipe Bands**
- ❖ **Strong Man**
- ❖ **Toss the caber**
- ❖ **Tug O' War**

Choose one of these activities and draw a picture of it.



ACTIVITY: 6

Try our dot to dot challenge to find the winter sport. Colour in your picture and tell us the name of the sport.



The winter sport is



ACTIVITY: 7

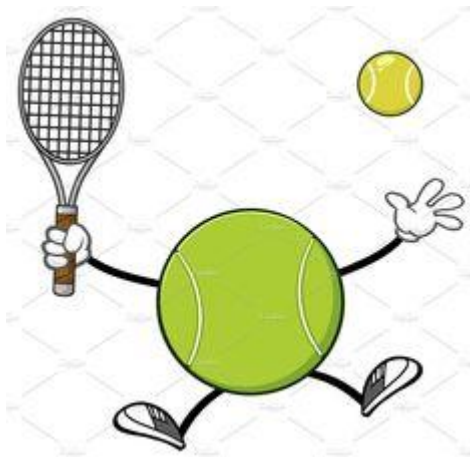
Scotland has a great sporting history. Sports like football, golf, hockey, rugby and tennis were played here when they were new. Other sports started life in Scotland, such as curling and shinty.

Draw a line to match the words to the picture.

TENNIS

RUGBY

CURLING



ACTIVITY: 8

Can you find these words in our word search? Draw a circle around each one when you find it. Count up how many you find and let us know.

Active

Fun

Goal

Golf

Jump

Run

Swim

T	Y	U	P	J	Q	L	Z
F	S	W	I	M	U	A	J
N	U	S	B	A	N	M	I
V	F	N	A	R	T	R	P
C	G	O	L	F	M	U	L
X	O	D	S	A	I	N	X
I	A	L	K	Y	N	Y	B
O	L	A	C	T	I	V	E

I found _____ words.

ACTIVITY: 9

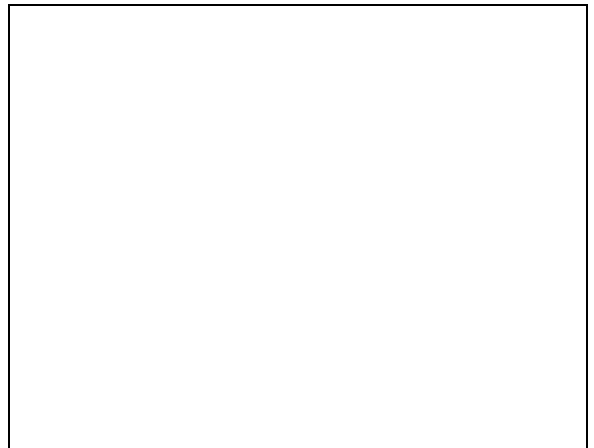
Imagine you are going to your favourite sports club or PE class. Draw a picture of what you would need to pack in your bag. Think about what you might wear and if you need a drink or snack.



ACTIVITY: 10

Sport and exercise are good for you. They improve your health. What else is good for your health? Put a word next to the picture, or draw a picture next to the word to find out more.





FRUIT AND VEGETABLES



ANSWERS

Activity 1

Skip

Jump

Roll

Run

Catch

Sport

Activity 3

10

$$11+11=22$$

Activity 6

Ski-ing

Activity 10

Sleep

Sunshine

Congratulations!

You have completed the
P1-P3 Active Schools activity book.

Thanks for joining us. We hope you had fun!

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