



Forres Active Schools

Activity Programme



August – December 2024





Get Active Stay Active

Participate in a **wide range** of activities in a relaxed and friendly environment.

You can learn a **new sport** or **develop** your skills.

Sessions are open to all abilities and equipment is provided.

Meet the Forres Team

Paul Rogan	Rosalyn Carruthers
	
Forres Academy Anderson's Primary School Alves Primary School Applegrove Primary School Dallas Primary School Dyke Primary School Kinloss Primary School Logie Primary School Pilmuir Primary School	
Mobile: 07966 120518 Landline: 01309 672838 Email: paul.rogan@moray.gov.uk	Mobile: 07800 678561 Landline: 01309 672838 Email: rosallyn.carruthers@moray.gov.uk

The Active Schools programme aims to provide quality opportunities to take part in sport and physical activity before school, during lunchtime and after school. Where possible the sessions will develop effective pathways between schools and sports clubs in the local community. The sessions are generally delivered by a network of volunteers consisting of teachers, parents, school staff, students, senior school pupils and sport club coaches.

All Active Schools Activities are FREE

Activity/Venue/Dates	Times	Year Group	Notes
Orienteering Grant Park, meet at cricket pavilion Mondays 9 th Sept – 30 th Sept	3.45pm - 4.45pm	P4- P7	Limited Spaces Book via Active Schools jotform
Basketball (Squad B) Forres Academy Games Hall Mondays 12 th August – 14 th October	5.00pm – 6.30pm	S1 – S3	Limited Spaces Book via Active Schools jotform
Basketball (Squad A) Forres Academy Games Hall Mondays 12 th August – 14 th October	6.30pm – 8.30pm	S4 – S6	Limited Spaces Book via Active Schools jotform
Indoor Football Forres Community Centre Tuesdays 3 rd September -Ongoing	5.30pm - 6.30pm	S1- S2	Limited Spaces Book via Active Schools jotform
Lane Swimming (FA pupils only) Forres Swimming Pool Tuesdays 20 th August - Ongoing	5.15pm – 6.15pm	S1 - S6	Limited Spaces Book via Active Schools jotform
Trampoline Forres House Community Centre Tuesdays 3 rd Sept – 10 th December (No sessions 8 th , 15 th , 29 th October)	7pm – 8pm	P4 – P7	Full
Trampoline Forres House Community Centre Tuesdays 3 rd Sept – 10 th December (No sessions 8 th , 15 th , 29 th October)	8.15pm – 9.15pm	S1 – S6	Waiting List Only
Netball Forres Academy Games Hall Tuesdays 20 th August - ongoing	3.45pm – 5.30pm	S1 – S6	Limited Spaces Book via Active Schools jotform
Volleyball Forres Academy Games Hall Tuesdays 20 th August – ongoing	7pm – 9pm	S1 – S6	Delivered by Solstice Wolves Girls Volleyball Club. Limited Spaces. Book via Active Schools jotform.
Volleyball Forres Community Centre Wednesdays 21 st August – ongoing	7pm – 9pm	S1 – S6	Delivered by Solstice Wolves Girls Volleyball Club. Limited Spaces. Book via Active Schools jotform.
Bowls Grant Park Bowling Club Thursday 15 th August – 19 th September	From 3.30pm – 4.30pm	P4 – S6	Limited Spaces Book via Active Schools jotform

SwimAble Forres Swimming Pool Thursday – Dates confirmed through coordinator	10.15am – 11am & 11am – 11.45am	P1 – P7	Referral from your school. Please contact your coordinator for details. Waiting List
SwimAble Forres Swimming Pool Thursday – Dates confirmed through coordinator	11.45am – 12.30pm	S1 – S6	Referral from your school. Please contact your coordinator for details
Netball Forres House Community Centre Thursdays 29 th August - Ongoing	6pm – 7pm	P5 – P7	Limited Spaces Book via Active Schools jotform
Football (Andersons, Alves, Dallas, Dyke and Logie only) Grant Park Thursdays 29 th August - Ongoing	4pm – 5pm	P6 – P7	Limited Spaces. Separate sign up link will be sent through schools.
Football Applegrove PS Thursdays 22 nd August – Ongoing	5.30pm – 6.15pm	P3 – P6	Limited Spaces. Separate sign up link will be sent through school.
Basketball Forres Academy Games Hall Friday 30 th August - Ongoing	4.00pm – 5.00pm	P4 – P7	Limited Spaces Book via Active Schools jotform
Basketball (B Squad) Forres Academy Games Hall Fridays 16 th August – Ongoing	5pm – 6.30pm	S1 – S3	Limited Spaces Book via Active Schools jotform
Basketball (A Squad) Forres Academy Games Hall Fridays 16 th August – Ongoing	6.30pm – 8.30pm	S4 – S6	Limited Spaces Book via Active Schools jotform

Activity/Club	Time	Year Group	Notes
Monday - Volleyball	Drop in anytime between 13.10-13.45pm	S1-S6	
Tuesday - Basketball	Drop in anytime between 13.10-13.45pm	S1- S6	
Wednesday - Archery Dodgeball	Drop in anytime between 13.10-13.45pm	S1 – S6	Hall split into 1/3's
Thursday - Badminton	Drop in anytime between 13.10-13.45pm	S1 – S6	

Sessions starting in Term 2

Activity/Venue/Dates	Times	Year Group	Notes
Cricket Forres House Community Centre Tuesdays 22 nd Oct- Ongoing	4.30pm – 5.30pm	Age 5- 8 yrs	Limited Spaces Book via Active Schools jotform
Indoor Bowling Forres House Community Centre Wednesdays 23 rd October - Ongoing	3.30pm - 4.30pm	P4- S6	Limited Spaces Book via Active Schools jotform
Basketball (Squad B) Forres Academy Games Hall Thursdays 24 th Oct – 27 th March	5.00pm – 6.30pm	S1 – S3	Limited Spaces Book via Active Schools jotform
Basketball (Squad A) Forres Academy Games Hall Thursdays 24 th Oct – 27 th March	6.30pm – 8.30pm	S4 – S6	Limited Spaces Book via Active Schools jotform

To sign-up for the Active Schools activities please use the QR code below or follow this link-

https://sportinmoray.co.uk/active_schools/forres-academy-asg/



Active Schools Forres support various clubs within the local area who provide sporting opportunities to children

New Moray Wide Opportunity

Activity/Club	Where	When/Time	Cost
Fly Fishing Taster Sessions (All equipment provided)	Wardend Fishery, Elgin IV30 8RW	Monday 4 weeks of sessions beginning Monday 26 th August P6/7 16.00 - 17.30 S1/S6 17.30 – 19.00	Sign up here 

Club Activity Forres ASG

Activity/Club	Where	When/Time	Cost
Cricket Delivered by Forres St Lawrence Cricket Club. Sign up for a space by contacting Gus Farr on email: forrescricket@gmail.com	Grant Park, Forres. Forres Academy from October.	Mondays Ages 9-12yrs 5pm – 6pm Ages 13-18yrs 6pm – 7pm	£2.00 per session
Junior Harriers Delivered by Forres Harriers. To sign up for a space email: clubsecforresharriers@hotmail.com	Grant Park Forres Mather's Kiosk	Ages 9+yrs 5.30pm – 6.15pm	Confirm with Club
Badminton Moray – Junior Club Delivered by Badminton Moray To sign up and for more information email: Moraybmintonforum1@gmail.com	Forres House Community Centre	Fridays Ages P3 - P7 4.30pm – 6pm Ages S1 - S6 6pm – 8pm	Confirm with Club
Orienteering Local events organised by Moravian Orienteering Club which are suitable for all abilities including beginners https://mor.scot/events-table	Brodie Castle Darnaway	Sunday 25 th August Saturday 19 th October	See Website for entry details and cost



Volunteer Opportunities with Active Schools

What we can offer you:

- Support and training
- PVG checks
- Matching to suitable activities
- Mentoring
- Work experience

What you can be involved in:

- Club link taster sessions
- Sports coaching: lead
- Sports coaching: assistant
- Session support: responsible adult
- Event organising
- Administration

Who can be volunteers?

- Anyone in the community!

Parents/guardians, teachers, students, pupils, family members.....

All Coach/Volunteer Education Courses and how to sign up can be found by scanning the QR code below.





ACTIVE SCHOOLS WITH
WARDEND FISHERY

FISHING TASTER SESSIONS

P6-7 & S1-S6

P6-7 – 1600 – 1730 & S1-S6 – 1730 – 1900

MONDAYS – AUGUST 26TH, SEPT 2ND, 9TH & 16TH

WARDEND FISHERY, IV30 8RW



WARDEND FISHERY

Est'd 2007



www.wardendfishery.co.uk